



The Secret Power of Yoga Adityam Volume 2: The detailed description of lost Ancient Practices that expedite the process of Enlightenment in the 21st Century

Matias Flury

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The author after many years of mystifying yoga practices understood in depth many of the mechanisms of the three bodies' configuration matrix, and the means to end mental enslavement.

This book will help you free yourself of the web that entangles and holds you to conditioning.

In this book, he demonstrates the efficacy of these techniques by using aura machines and Kirlian photography. You will be able to see for the first time, how energy moves through the subtle body and chakras during each of the yoga poses (asanas), breathing exercises (pranayama), and energy seals (mudras).

You will be able to comprehend what is going on in your own body on an energetic level during practice, this understanding will infuse you with great power and incentive to remain on your path. This book will inspire and persuade you to continue, since you will see with your own eyes that the system of yoga is not a myth, and that it works on a profoundly physical and energetic level.

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