



# Anabolic Solution for Bodybuilders

*Mauro G Di Pasquale*

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## **Anabolic Solution for Bodybuilders** Mauro G Di Pasquale

While it's true that there are no magic shortcuts to success, the Anabolic Solution for Bodybuilders is your best bet for getting the body you want in the shortest amount of time. With the Anabolic Solution for Bodybuilders you can safely and quickly transform your physique no matter what shape you are in. Dr. Di Pasquale, the father of low-carb, cyclical dieting, and author of both the Anabolic and Metabolic Diets, now introduces the Anabolic Solution for Bodybuilders, a natural and effective alternative to the use of powerful, and dangerous, body shaping drugs and surgery. The Anabolic Solution is all about manipulating lean body mass and body fat. And it does this by affecting metabolic changes and altering the body's anabolic and the catabolic hormones and growth factors. By following the training, diet and nutritional supplement guidelines you'll pack on incredible amounts of muscle mass and get your body fat down to the low single digits. But the Anabolic Solution is more than just the best natural way to reach your bodybuilding goals. By duplicating much of what people get from the use of ergogenic and body composition changing drugs the Anabolic Solution is a safe, effective, and natural alternative to the use of these drugs. The "just say no" to drugs mantra adopted by so many in our society is an exercise in futility, especially in the powerlifting, bodybuilding, fitness and sporting world. What we need, instead of all the naysayers, is a viable alternative to drug use. And that's just what we have in the Anabolic Solution.

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