

Creative Coloring Mandalas: Art Activity Pages to Relax and Enjoy!

Valentina Harper



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Mandalas represent wholeness. These cosmic diagrams of the universe serve as graphic symbols of our subconscious minds. Creating beautiful mandalas can help to stabilize, integrate, and re-order our inner lives. Discover the esoteric power of the mandala with 30 relaxing and creative art activities inside Color a Doodle Mandalas. Talented artist Valentina Harper opens up a world of sacred circles in this inspiring coloring book for grown-ups. You don t need to have the skills of an artist to personalize these rich, intricate drawings. Each vibrantly detailed illustration is designed for creative experimentation. Valentina provides easy-to-follow tips on her distinctive patterning techniques. And as an added bonus, best-selling craft author Marie Browning joins in with gorgeous coloring examples. Printed on high quality extra-thick paper that won t bleed through, all pages are pre-perforated for easy removal. They re perfect for decorating with markers, gel pens, watercolors, or colored pencils.

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