



What to Expect: the Second Year

Heidi E. Murkoff

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The international super-successful What to Expect brand has delivered again - announcing the arrival of a brand-new member of family: What to Expect the Second Year. This essential sequel to What to Expect the First Year picks up the action at baby's first birthday, and takes parents through what can only be called 'the wonder year' - 12 jam-packed (and jam-smear) months of memorable milestones (from first steps to first words, first scribbles to first friends), lightning-speed learning, endless explorations driven by insatiable curiosity. Not to mention a year of challenges, both for toddlers and the parents who love them, but don't always love their behaviour (picky eating, negativity, separation anxiety, bedtime battles, biting, and tantrums). Comprehensive, reassuring, empathetic, realistic and practical, What to Expect the Second Year is filled with solutions, strategies, and plenty of parental pep talks. It helps parents decode the fascinating, complicated, sometimes maddening, always adorable little person last year's baby has become. From the first birthday to the second, this must-have book covers everything parents need to know in an easy-to-access, topic-by-topic format, with chapters on growth, feeding, sleeping, behaviours of every conceivable kind, discipline (including teaching right from wrong), and keeping a toddler healthy and safe as he or she takes on the world. There's a developmental time line of the second year plus special 'milestone' boxes throughout that help parents keep track of their toddler's development. Thinking of travelling with tot in tow? There's a chapter for that, too.

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This What to Expect: the Second Year book is absolutely not ordinary book, you have after that it the world is in your hands. The benefit you have by reading this book is definitely information inside this publication incredible fresh, you will get info which is getting deeper you actually read a lot of information you will get. This specific What to Expect: the Second Year without we understand teach the one who reading it become critical in imagining and analyzing. Don't always be worry What to Expect: the Second Year can bring any time you are and not make your case space or bookshelves' turn out to be full because you can have it with your lovely laptop even cellphone. This What to Expect: the Second Year having very good arrangement in word in addition to layout, so you will not truly feel uninterested in reading.

Mary Rohe:

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