



Jesus and Mary were Kosher Vegetarians, the Evidence from the Bible, the Early Church and Nutrition

James C. Tibbetts

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This book is perhaps the most complete scholarly book out today showing that Jesus and Mary were kosher vegetarians! The evidence from the scriptures, the early Church period, the Jewish literature, the mystics, and nutrition indicates that Jesus and Mary were kosher, and also that they were vegetarian. This book proposes that Jesus and Mary were the new Adam and Eve who ate a plant-based diet. They were the first penitents of the Christian era, leading us into a penitential lifestyle, a lifestyle of purification, involving a kosher plant-based diet and fasting. There is evidence from multiple sources that people in the early Church believed that Jesus and Mary and some of the disciples were vegetarians. The monastics have carried on the plant-based practice for centuries.

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Wilbert Westerfield:

Reading a guide tends to be new life style in this particular era globalization. With studying you can get a lot of information that will give you benefit in your life. Using book everyone in this world can easily share their idea. Ebooks can also inspire a lot of people. Many author can inspire their own reader with their story as well as their experience. Not only situation that share in the guides. But also they write about the knowledge about something that you need illustration. How to get the good score toefl, or how to teach your children, there are many kinds of book that exist now. The authors these days always try to improve their ability in writing, they also doing some investigation before they write to the book. One of them is this Jesus and Mary were Kosher Vegetarians, the Evidence from the Bible, the Early Church and Nutrition.

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Spent a free time to be fun activity to try and do! A lot of people spent their free time with their family, or their particular friends. Usually they carrying out activity like watching television, likely to beach, or picnic from the park. They actually doing same thing every week. Do you feel it? Would you like to something different to fill your own personal free time/ holiday? Could be reading a book may be option to fill your no cost time/ holiday. The first thing you will ask may be what kinds of book that you should read. If you want to test look for book, may be the reserve untitled Jesus and Mary were Kosher Vegetarians, the Evidence from the Bible, the Early Church and Nutrition can be great book to read. May be it might be best activity to you.

Roberta Lawrence:

A lot of people always spent their free time to vacation or go to the outside with them loved ones or their friend. Did you know? Many a lot of people spent many people free time just watching TV, or perhaps playing video games all day long. In order to try to find a new activity that's look different you can read a new book. It is really fun for yourself. If you enjoy the book that you simply read you can spent all day every day to reading a book. The book Jesus and Mary were Kosher Vegetarians, the Evidence from the Bible, the Early Church and Nutrition it is very good to read. There are a lot of those who recommended this book. We were holding enjoying reading this book. When you did not have enough space to create this book you can buy the e-book. You can m0ore simply to read this book from your smart phone. The price is not too expensive but this book possesses high quality.

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