



Molding Young Athletes: How Parents and Coaches Can Positively Influence Kids in Sports

Darrell Erickson

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With a common-sense approach to guiding kids in sports, this invaluable treasure map helps parents and coaches ensure that children involved in athletics develop confidence both physically and psychologically. It provides insight into today's youth sporting environment from the standpoint of individual players as well as teams. Readers are presented with the evolution of children's sports over the years and how this has impacted sporting opportunities today; strategies for motivating individual players, based on their styles and personalities; the importance of team dynamics in positively influencing young players; opportunities during the typical sports season to help children improve; and ways to deal effectively with other adults and fans. Final chapters offer constructive techniques to improve organized youth sports through positive adult guidance and some powerful introspective considerations for all readers to help develop a proper perspective of youth sports and life.

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