



# The Marriage of Heaven and Hell

Peter Dally

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In this haunting and compelling book, eminent psychiatrist Peter Dally explores the darker side of Virginia Woolf. Bringing together his knowledge as a doctor with his life-long fascination with Woolf's life and work, he sheds light on the depression that tormented her adult years.

A quiet life cushioned Virginia from the bouts of depression and elation that she regularly experienced, but life in the public eye profoundly affected her moods and her behavior. On three occasions Virginia went mad. This terrified her, and she lived in constant fear of the return of this dreadful affliction. Yet the experience gave her the extraordinary insight and new ideas and associations that were to emerge in her writing.

Ideally, every manic depressive needs to be protected from stress. Virginia had several protectors, but none so vital as her husband, Leonard. Without his constant vigilance and care, it is doubtful she would have been so creatively productive. Yet, paradoxically, their marriage precipitated one of her bouts of madness. At the end of her life, when events outside the couple's control led to Leonard's gradual withdrawal and his own depression, Virginia found herself facing her madness alone, and with tragic results.

Compassionate and disturbing, this fascinating study is the first to look at Virginia Woolf's life from the perspective of her madness.



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