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Dean Erickson

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Author Dean Erickson reveals tools and techniques to help readers achieve their dreams and greatest potential. Building upon his previous book, *Choose Your Story, Choose Your Life*, he encourages readers to live their best lives, this time by guiding them to take necessary actions to achieve their goals and by empowering them to adapt when things do not go as planned. An honored athlete, Ivy League graduate, former Wall Street trader and working actor, novelist, and now CEO of investment advisory firm Bionic Capital, Erickson has achieved many of his personal and professional goals. In this book, he illustrates and details his innovative Idea Circle, a repeatable success process distilled from his experiences. Packed with motivation and information, including his Success Worksheets to help keep you on track, *Act. Adapt. Achieve.* is ideal for anyone who desires to live their best life and achieve their dreams.

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