



# Ethnocultural Factors in Substance Abuse Treatment

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## Ethnocultural Factors in Substance Abuse Treatment

This book presents a culturally informed framework for understanding and treating substance abuse problems. From expert contributors, chapters cover specific ethnocultural groups in the United States, including Americans of African, Native American, Latino, European, Middle Eastern, and Asian descent. Authors examine how ethnocultural factors may affect a person's attitudes toward alcohol and other drugs, patterns of substance use, reasons for seeking treatment, and responsiveness to various interventions. Themes addressed include the impact of migration and acculturation issues, spiritual values and traditions, family structures, gender roles, and experiences of prejudice and discrimination. Featuring a wealth of illustrative clinical material, the book makes concrete recommendations for more competent, effective assessment and intervention. It also guides clinicians toward greater awareness of the ways their own ethnocultural backgrounds may affect their interactions with clients.

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