



NATURAL HAIR GUIDE: 10 Natural Hair Care Tips For Growth, Moisture, Products & Ingredients Pick

Adeola Adegbusi

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Why I Wrote This Book

Let's face it, natural hair care can be time-consuming and difficult when you don't know what you're doing. It's even more confusing when you're presented with so much information, some of which is contradictory. So to help you clarify any confusion and get you focused on the things that you really need for healthy hair, I have compiled a list of 10 key things that you should know about your hair.

I believe that having these 10 key understandings about the technicalities of your hair will help to simplify the mysterious world of natural hair.

This book contains proven steps and strategies on how to care for your natural hair so that it gives you the results that you want.

It is my hope that this book will help you to change the way that you care for your hair.

And if it did, please recommend this e-book to a friend or two.

Here Are Some of The 10 Things That You'll be Learning About Your Natural Hair

- The Science Behind The Structure of Your Hair
- The Science Behind How Your Hair Grows
- Factors That Contribute To Hair Growth
- How To Choose The Right Products With The Right Ingredients For Your Hair
- Recommended Hairstyles for Different Hair Length
- How To Build A Regimen That Works With Your Hair And Lifestyle

BONUS SECTION: NATURAL HAIR REGIMEN TEMPLATE THAT I USE ON MY HAIR
Take Action Now & Get This Kindle Book for only \$0.99!

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