

Addiction: Why Can't They Just Stop?



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This companion book to the HBO documentary of the same name sheds light on the hidden American epidemic of addiction. Blending compelling personal narratives with statistics and expert opinion, all gleaned from over two years of research and reporting, ADDICTION offers a comprehensive and provocative look at the impact of chemical dependency on addicts, their loved ones, society, and the economy. Breaking the stigma that addicts are simply weak and immoral, it delves into new brain research proving that drugs and alcohol change the chemical composition of addicts' brains, making it veritably impossible for them to quit. The nation's top experts persuasively argue that the time has come for the blame to stop and the healing to begin.

ADDICTION also features material not included in the documentary: testimonials, original graphics and images, additional elaboration on theories and treatments of addiction, and more. Featuring a foreword by Sheila Nevins, the president of Documentary and Family Programming at HBO, an afterward by the best-selling author Susan Cheever, and the writing of David Sheff, this book is essential reading for anyone who has been impacted by what is now realized to be a very real and widespread disease.

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Donna Miller:

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Gertrude Call:

Playing with family in a very park, coming to see the coastal world or hanging out with close friends is thing that usually you will have done when you have spare time, then why you don't try thing that really opposite from that. One particular activity that make you not sense tired but still relaxing, trilling like on roller coaster you have been ride on and with addition associated with. Even you love Addiction: Why Can't They Just Stop?, you are able to enjoy both. It is very good combination right, you still wish to miss it? What kind of hang-out type is it? Oh come on its mind hangout men. What? Still don't have it, oh come on its called reading friends.

Marina Espinal:

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