



# **Eat Less Cottage Cheese And More Ice Cream Thoughts On Life From Erma Bombeck**

*Erma Bombeck*

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In 1979, someone asked humorist Erma Bombeck, “If you had your life to live over, would you change anything?” Her immediate answer was no, but once she thought about it, she changed her mind. The result was a classic column full of Bombeck’s signature wit and warmth. Now the beloved column that has hung on hundreds of refrigerator doors has been cheerily illustrated and designed as a handsome gift book, *Eat Less Cottage and More Ice Cream*. In it, Bombeck gently reminds us of what is really important in life: “If I had my life to live over again I would have waxed less and listened more.” “I would have cried and laughed less while watching television . . . and more while watching real life.” “But mostly, given another shot at life, I would seize every minute of it . . . look at it and really see it . . . try it on . . . live it . . . exhaust it . . . and never give that minute back until there was nothing left of it. . . .” Long-time fans of Erma Bombeck will be thrilled to have this favorite column in the form of a beautiful keepsake. Readers discovering Bombeck for the first time will become fans instantly. *Eat Less Cottage and More Ice Cream* offers wisdom to inspire all of us.

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