

Health Psychology: An Introduction to Behavior and Health

Linda Brannon, Jess Feist



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Health Psychology: An Introduction to Behavior and Health Linda Brannon, Jess Feist For over 20 years, Brannon and Feist's HEALTH PSYCHOLOGY: AN INTRODUCTION TO BEHAVIOR AND HEALTH has remained the mainstay in the field of health psychology for its scholarship, strong and current research base, and balanced coverage of the cognitive, behavioral, and biological approaches to health psychology. The text's accessibility for a wide-ranging student audience has been a main ingredient of this book's success. Instructors and students alike will appreciate the concise writing style, ample pedagogy, and visual program in this classic approach to the teaching and learning of health psychology.

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