



Chess Therapy

Jose A. Fadul

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An inexpensive edition of the book on chess in and for psychotherapy, with eight selected never-before-published case studies with cautions against using the board game without a trained, expert help or guidance. The clients' risk-taking behavior, ability to focus and even the state of clarity of thought and paradigm shift, among others, may be diagnosed and to some extent modified through a series of chess games.

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