

Ten Turtles on Tuesday: A Story for Children About Obsessive Compulsive Disorder

Ellen Flanagan



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Ten Turtles on Tuesday: A Story for Children About Obsessive Compulsive Disorder Ellen Flanagan Sarah has Obsessive-Compulsive Disorder. She feels like she has to count or else something bad will happen. With the help of her family and her therapist, Sarah learns that she can take charge of her OCD. Eventually, she is able to handle her anxious thoughts and compulsions and get out of the OCD game! Includes an extensive Readers Note by Michael Tompkins, PhD.

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