



The Emotion Behind Money: Building Wealth from the Inside Out

Julie Murphy Casserly

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This book is based upon an insight that's literally turning the financial services industry upside down. It's the notion that we each have specific emotions, or emotional patterns, attached to money that were imprinted on us before we even had a choice to have a checking account. Whether you personally recognize this or not, today those emotions impact every financial decision you face. They are responsible for how you make money and how you keep it, or whether, as is often the case, it seems to go out the door faster than it comes in. Amazingly, those feelings are not just fleeting reactions; they actually influence how much money you'll make and amass throughout your entire life! The purpose of this book is to help you recognize your emotions behind money, and likewise help you discover healthier ways to respond to those feelings. Through everyday language, lively anecdotes, and engaging exercises it will: - Help you see your life and your money through a different lens; - Empower you to align your financial destiny by living from the inside out; - Teach you how to discover and define what you truly desire to live abundantly.

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