Social Psychology: A Complete Introduction (Teach Yourself)

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Social Psychology: A Complete Introduction is designed to give you everything you need to succeed, all in one place. It covers key areas that students are expected to be confident in, outlining the basics in clear jargon-free English, and then provides added-value features like summaries of key studies, lists of questions to test your understanding of the concepts covered, and a 'Food for thought' section at the end of each chapter which challenges you to put the academic theories to practical use.The book uses a structure that mirrors many university courses on social psychology - starting off by explaining what social psychology is and how it is researched, before exploring a wide variety of the fascinating areas social psychologists have looked at in both classic and lesser-known studies. Areas covered include: the self; attributions; social cognition; interpersonal attraction; social influence; attitudes and persuasion; prosocial behaviour; aggression; groups; leadership; group decision making; intergroup behaviour; and prejudice. A final chapter looks at how social psychology can, and has been, applied in the real world to make a difference.*Teach Yourself* titles employ the 'Breakthrough method', which is designed specifically to overcome problems that students face.- Problem: I find it difficult to remember what I've read?Solution: this book includes end-of-chapter summaries and questions to test your understanding.- Problem: Most books mention important other sources, but I can never find them in timeSolution: this book includes fully referenced quotes ready to use in your essay or exam, and each chapter lists further suggested readings for each topic.- Problem: Lots of introductory books turn out to cover totally different topics than my course.Solution: this book is written by a current university lecturer who understands what students are expected to know.

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