

# Assessing and Treating Culturally Diverse Clients: A Practical Guide (Multicultural Aspects of Counseling And Psychotherapy)

Freddy A. Paniagua

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### **Assessing and Treating Culturally Diverse Clients: A Practical Guide (Multicultural Aspects of Counseling And Psychotherapy**)

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Now in its Fourth Edition, the best-selling Assessing and Treating Culturally Diverse Clients offers effective, practical guidelines in working with culturally diverse clients. Author and clinician Freddy A. Paniagua first summarizes general guidelines that clinicians can apply when assessing, diagnosing, or treating culturally diverse clients, but also addresses clinical work with specific culturally diverse groups such as African American, Hispanic, American Indian, and Asian clients. Two new chapters in this edition deal with the assessment, diagnoses, and treatment of emotional problems experienced by LGBT and older adult clientsfrom these culturally diverse groups.



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